MC EP Scripts

Audiences:

Crowdfunding Investor

Caregiver Alliance Support Group

MCCY (SG Mental well-being network by the MCCY)

International Student Association of Singapore

Good morning everyone,

My name is Joseph the owner of Take Care, and to begin I would like to share about how I got here today and why Take Care means so much to me.

Just over 2 years ago, my life went through some massive changes severely impacting my mental health. These changes left me feeling scared, lonely, and helpless. Thankfully, I had the support of my best friend to help me through the tough period. Through this experience, I learnt the importance of having people around you to be able to support you in difficult times.

And that is why we decided to form Take Care, to put in place strong support systems within our communities for the youth of today.

I believe that Take Care is the organization best suited to partnering with the MCCY and the SG Mental-Wellbeing Network to make a big impact on the youths of today, and here are the 3 main reasons why.

Firstly, at Take Care, all our support staff are between the ages of 20 to 30. We believe to best care for the needs of the youth of today, providing support staff who are of similar age will be highly beneficial. According to a study by Murdoch University in Australia, young people cope better emotionally among other youths rather than adults. Our young support staff are all equipped with the minimum of a certificate in practical counselling from the Academy of Human Development, providing a combination of practical counselling skill and ability to relate to the patient that is hard to attain elsewhere.

Secondly, our outreach workshops, which we run every month, have already seen great success amongst young Singaporeans reaching our maximum capacity of 40 for the last 4 months. At these workshops, we tackle a myriad of problems, such as how to talk about uncomfortable feelings and breaking down the stigma on mental health struggles. With the help of your support, we hope to be able to expand these workshops to accommodate for more participants in the future.

Lastly, we post easily digestible educational videos onto our social media pages, and the young people have taken to it well. Our TikTok page has a following of over 10 thousand, with almost all our demographic being people from the ages of 14 to 25. Exposure to our content will provide a great holistic education on mental wellbeing for the youth who may not know where or how to start.

The MCCY and the SG Mental-Wellbeing Network share the same vision and goals with Take Care of leaving a positive impact on the community in Singapore, and I hope you will consider partnering with us to strengthen our collective efforts. Thank you for your time.

Good morning everyone,

My name is Joseph the owner of Take Care, and to begin I would like to share about how I got here today and why Take Care means so much to me.

Just over 2 years ago, my life went through some massive changes severely impacting my mental health. These changes left me feeling scared, lonely, and helpless. Thankfully, I had the support of my best friend to help me through the tough period. Through this experience, I learnt the importance of having people around you to be able to support you in difficult times.

And that is why we decided to form Take Care, to put in place strong support systems within our communities for the youth of today.

With the help of your donations Take Care will be in a unique position to make a big impact on the lives of the youth of today and here are 3 of the main reasons why.

Firstly, at Take Care, all our support staff are between the ages of 20 to 30. We believe to best care for the needs of the youth of today, providing support staff who are of similar age will be highly beneficial. According to a study by Murdoch University in Australia, young cope better emotionally among other youths rather than adults. Our young support staff are all equipped with the minimum of a certificate in practical counselling from the Academy of Human Development, providing a combination of practical counselling skill and ability to relate to the patient that is hard to attain elsewhere.

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Lastly, we post easily digestible educational videos onto our social media pages, and the youths have taken to it well. Our TikTok page has a following of over 10 thousand, with almost all our demographic being people from the ages of 14 to 25. Exposure to our content will provide a great holistic education on mental wellbeing for the youth who may not know where or how to start.

Take Care is targeting to raise 5 thousand dollars through this crowdfunding campaign to be able to expand our workshop and counselling services, sparing some change will help us make a big change. Thank you for your time.

Good morning everyone,

My name is Joseph the owner of Take Care, and to begin I would like to share about how I got here today and why Take Care means so much to me.

For my entire teenage life I too was an international student living in Shanghai, after graduating from high school my life went through some massive changes severely impacting my mental health. These changes left me feeling scared, lonely, and helpless. Thankfully, I had the support of my best friend to help me through the tough period. Through this experience, I learnt the importance of having people around you to be able to support you in difficult times.

And that is why we decided to form Take Care, to put in place strong support systems within our communities for the youth of today.

I believe that Take Care is the organization best suited to working with overseas exchange programme students in Singapore, and here are the 3 main reasons why.

Firstly, at Take Care, all our support staff are between the ages of 20 to 30. We believe to best care for the needs of the youth of today, providing support staff who are of similar age will be highly beneficial. According to a study by Murdoch University in Australia, young people cope better emotionally among other youths rather than adults. Our young support staff are all equipped with the minimum of a certificate in practical counselling from the Academy of Human Development, providing a combination of practical counselling skill and ability to relate to the patient that is hard to attain elsewhere.

Secondly, our outreach workshops, which we run every month, have already seen great success amongst young Singaporeans reaching our maximum capacity of 40 for the last 4 months. At these workshops, we tackle a myriad of problems, such as how to talk about uncomfortable feelings and breaking down the stigma on mental health struggles. We believe that these workshops will also be of great help to the you while you adapt to life here in Singapore.

Lastly, we post easily digestible educational videos onto our social media pages, and the youths have taken to it well. Our TikTok page has a following of over 10 thousand, with most of our demographic being people from the ages of 14 to 25. Exposure to our content will provide a great holistic education on mental wellbeing for you.

As a former international student myself, I believe Take Care will be able to provide a great emotional support system for all of you and I hope you will all consider signing up today. Thank you for your time.

Good morning everyone,

My name is Joseph the owner of Take Care, and to begin I would like to share about how I got here today and why Take Care means so much to me.

Just over 2 years ago, my life went through some massive changes severely impacting my mental health. These changes left me feeling scared, lonely, and helpless. Thankfully, I had the support of my best friend to help me through the tough period. Through this experience, I learnt the importance of having people around you to be able to support you in difficult times.

And that is why we decided to form Take Care, to put in place strong support systems within our communities for the youth of today.

I believe that Take Care is the organization best suited to partnering with the Caregiver Alliance to make a big impact on the young caregivers under the organization, and here are the 3 main reasons why.

Firstly, at Take Care, all our support staff are between the ages of 20 to 30. We believe to best care for the needs of the youth of today, providing support staff who are of similar age will be highly beneficial. According to a study by Murdoch University in Australia, young people cope better emotionally among other youths rather than adults. Our young support staff are all equipped with the minimum of a certificate in practical counselling from the Academy of Human Development, providing a combination of practical counselling skill and ability to relate to the patient that is hard to attain elsewhere.

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Lastly, we post easily digestible educational videos onto our social media pages, and the youths have taken to it well. Our TikTok page has a following of over 10 thousand, with most of our demographic being people from the ages of 14 to 25. Exposure to our content will provide a great holistic education on mental wellbeing for the young caregivers who may not know where or how to start.

The Caregiver Alliance and Take Care share the same vision and goals of leaving a positive impact on the community in Singapore, and I hope you will consider partnering with us to strengthen our collective efforts. Thank you for your time.